



The movement starts with you

A blood donation can't be replaced or manufactured; it is the foundation of life. Donating blood is a genuine act of altruism and is a selfless gift. Without blood donors, surgeries and treatment for diseases such as cancer would not be possible. Receiving a blood donation makes every major milestone in life happen. But it also makes even the simplest of moments possible like going for a walk in the park, sharing some popcorn with a friend at the movies, and attending your first day of school.

The 18th annual Lethbridge High School Blood Drive runs March 1-29

Go to www.blood.ca to get more information about who can donate and learn more about the process



The blood you donate goes to help save the lives of people right here in Lethbridge. People like 4 year old Maryn Slovack. On March 5, 2017, Maryn was rushed to the emergency room and after a few pokes, she was on her way to the Alberta Children's Hospital. The pokes revealed that Maryn was severely anemic with hemoglobin level of only 48 (should be about 125). Without even a diagnosis, she underwent her first blood transfusion. "Watching the bag of blood enter her tiny, limp arm was literally watching life being injected into her body" said Abby, Maryn's mom. The surgeon was able to successfully repair the deformity in her intestine and stop the bleeding. One more bag of blood brought her hemoglobin to a healthy level and she has since made a full recovery.

Download the app GiveBlood or call 1 888 2 DONATE (1-888-236-6283) to book an appointment today.

Where to Give Blood

Lethbridge Blood Donor Clinic -Lethbridge Centre 220, 200 – 4th Avenue South

Clinic Hours: Tuesday/Wednesday/Thursday 12:30 pm - 6:30 pm
Friday/Saturday 10:30 am – 2:30 pm

